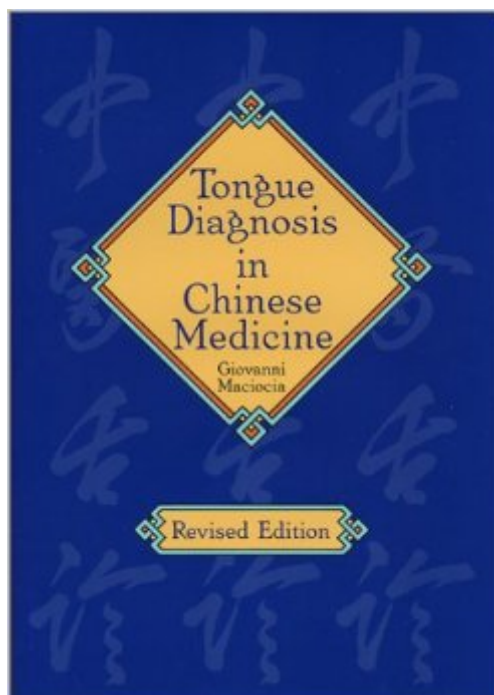


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Tongue Diagnosis In Chinese Medicine



Synopsis

Examination of the tongue, like the pulse, is one of the principal diagnostic methods in traditional Chinese medicine. This book--newly revised in 1995--systematically describes each of the primary characteristics of the tongue (body color, shape and coating) and their significance in the clinic. It traces the historical development of tongue diagnosis and its relationship to externally- contracted disorders and the eight principals. Featured in this revised edition are 59 color plates and accompanying case histories from the author's own practice. Other aspects of tongue diagnosis newly described in this edition include the integration of tongue and pulse diagnosis; the use of the tongue in diagnosing emotional problems; tongue diagnosis and herbal treatment; the tongue in prognosis; and special considerations regarding tongue diagnosis in children.

Book Information

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Average Customer Review: 4.4 out of 5 starsÂ Â See all reviewsÂ (27 customer reviews)

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Customer Reviews

The book is a pretty good introduction to tongue diagnosis. It could have been more exhaustive, though. My chief complaint, however, is that the 50 or so color plates designed to show various phenomena are based on actual case studies where the subjects were (as is usually the case in Chinese medicine) suffering from any number of various effects. In other words, I would have preferred to see a completely normal tongue except for some jagged marks on the sides which signify spleen chi deficiency. Then I would know what spleen chi deficiency looks like on the tongue. But when the book talks about spleen chi deficiency, there is no picture. The pictures come in the end, and there some of the tongues manifest jagged marks on the side along with countless other

shapes, textures, and discolorations, and I am never really sure what is what. And I am still not sure what a 'normal' tongue looks like. But the subject is exciting, though. Most of my reviews are written about religious or linguistic subjects, and I am sure a lot of the people who read them are religious or intellectual and scoff at such subjects as tongue diagnosis in ancient Asian folk medicine. But keeping in mind that the tongue is essentially a bundle of nerves that runs right down the center of the body, and, being the governor of one of the body's five senses, plugs directly into the brain in a very significant way. After reading this book and seeing these 50 or so color plates, I am ASTOUNDED at the differences found from one tongue and the next, and do not at all doubt that the many shapes, colors, sizes, and conditions of people's tongues does have a lot to say about many aspects of their health. This book is not too expensive and truly fascinating.

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